

THE EEC EXPRESS!

JULY 2012



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Come Out
and Play
Chandler!



PROGRAMS & CLASSES
DETAILS INSIDE!
ANIMAL HABITATS: JUNIOR BADGE
SONORAN DESERT ADVENTURE
SOLAR COOKING
VEGETARIAN COOKING: INTRO.
THE GREEN LIFE:
TEXTILES & INDOOR AIR POLLUTION

Owl's Nest Nature Store



Inside the Environmental Education Center

Featuring a unique selection of waste-free lunch items,
books, plush animal puppets, and gifts
for nature lovers of all ages.

Hours of Operation

Monday and Friday 8 a.m.-5 p.m.
Tuesday, Wednesday and Thursday 8 a.m.-8 p.m.
Saturday 8 a.m.-2 p.m.



For more information call 480-782-2890 or visit
www.chandleraz.gov/veterans-oasis

Veterans Oasis Park
is open daily from
6 a.m. - 10:30 p.m.



JULY 2012
Program Schedule
Environmental Education Center
at Veterans Oasis Park
4050 East Chandler Heights Road, 480-782-2890
www.chandleraz.gov/veterans-oasis



Chandler • Arizona
Where Values Make The Difference

EEC Hours:
Mon. 8 a.m. - 5 p.m.
Tue., Wed., Thur.
8 am - 8 p.m.
Fri. 8 a.m. - 5 p.m.
Sat. 8 a.m. - 2 p.m.
Closed Sundays &
City Holidays

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Summer Eco-Camp 9 a.m. - noon (p. 37)	3 Summer Eco-Camp 9 a.m. - noon (p. 37)	4 CLOSED Independence Day	5 Summer Eco-Camp 9 a.m. - noon (p. 37)	6 Summer Eco-Camp 9 a.m. - noon (p. 37) Goofy Garden Fun! 10-11 a.m. (p. 42)	7 Bug Bonanza: Spiders 10-10:45 a.m. (p. 42)
9 SUMMER NATURE CAMP Full & Half Day options (p. 58) (7/9-7/13) Yoga Flow, part 1 9-10 a.m. (p. 72) Mommy & Me Yoga, part 1 10:15-11 a.m. (p. 45)	10 Animal Habitats Jr. Girl Scout Badge, part 1 8:30-11:30 a.m. (p. 51) Acrylic Painting, part 1 6-7:30 p.m. (p. 61) Yoga Flow, part 1 6:30-7:30 p.m. (p. 72)	11 FREE! Dragonfly Discovery Walk 7:30-9 a.m. (p. 77) Feather Art 8:30 a.m. - 1:30 p.m. (p. 61)	12 Animal Habitats Jr. Girl Scout Badge, part 2 8:30-11:30 a.m. (p. 51)	13	14 Meet the Creature 11-11:45 a.m. (p. 51)
16 Yoga Flow, part 2 9-10 a.m. (p. 72) Mommy & Me Yoga, part 2 10:15-11 a.m. (p. 45)	17 Acrylic Painting, part 2 6-7:30 p.m. (p. 61) Yoga Flow, part 2 6:30-7:30 p.m. (p. 72)	18 The Green Life: Textiles & Indoor Air Pollution 5:45-7:45 p.m. (p. 68)	19 Garden Fairies, Gnomes, & Little Homes 9-10 a.m. (p. 36) Pilates, part 1 6:30-7:30 p.m. (p. 72)	20 Bug Zool 10-10:45 a.m. (p. 42) Good Bug, Ugly Bug 11 a.m. - noon (p. 51)	21 Solar Cooking for Kids 10 a.m. - 1p.m. (p. 47)
23 Yoga Flow, part 3 9-10 a.m. (p. 72) Mommy & Me Yoga, part 3 10:15-11 a.m. (p. 45)	24 Yoga Flow, part 3 6:30-7:30 p.m. (p. 72)	25 Meet the Creature 10-10:45 a.m. (p. 51)	26	27	28 Vegetarian Cooking: Intro. 10-11:30 a.m. (p. 65)
30 Yoga Flow, part 4 9-10 a.m. (p. 72) Mommy & Me Yoga, part 4 10:15-11 a.m. (p. 45)	31 Sonoran Desert Adventure 10-10:45 a.m. (p. 42) Yoga Flow, part 4 6:30-7:30 p.m. (p. 72)				

PRESCHOOL CLASSES

BUG BONANZA!

Your little nature-lover will get a bug's-eye view of the world! We'll learn about bugs and their importance to our planet through fun games, arts and crafts, and story-time. Theme in July is Spiders. Fee is per child, with 1 unpaid adult permitted.

Instructor: Linda McCabe Supply fee: \$4
Resident fee: \$5 Non-resident fee: \$7
003EE.472 Sa 7/7 10-10:45 a.m. 3-6 yrs

BUG ZOO!

Explore a real, live collection of bugs with a certified Entomologist! Learn about beneficial bugs, such as butterflies, ladybugs and bees. Discover spiders, roaches, beetles, scorpions, and other creepy-crawlies! Each child will receive a free activity book. Fee is per child, parents admitted free.

Instructor: Keith Birkemeyer
Resident fee: \$5 Non-resident fee: \$7
005EE.462 F 7/20 10-10:45 a.m. 3-6 yrs

GARDEN FAIRIES, GNOMES & LITTLE HOMES

Fairies and gnomes live in their own little pint-sized world. Invite them into your world with a tiny home! Place your creation in the garden or your bedroom and you may find some magical guests will come calling to bring good growing to you and your plants. Bring a small (pint-sized) recycled container to use for the home's base. Fee is per child, with 1 unpaid adult permitted.

Instructor: Lynn Bailey Supply fee: \$3
Resident fee: \$6 Non-resident fee: \$9
001EE.452 Th 7/26 9-10 a.m. 3-6 yrs

GOOFY GARDEN FUN!

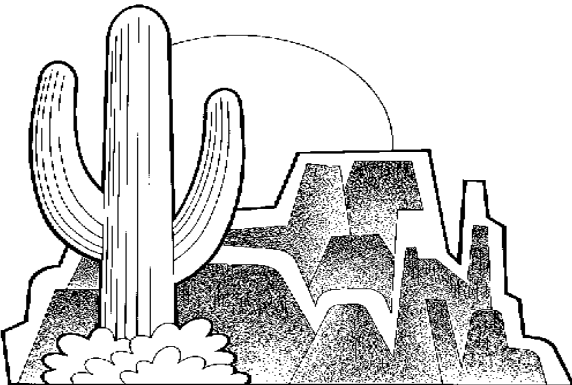
Join us on the first Friday of each month for some goofy garden fun! Learn gardening basics through crafts, games, experiments, songs, and more! Each month features a different concept of learning with a nature theme. Activities include vegetable painting, planting an edible plant and more! Fee is per child, with 1 unpaid adult permitted.

Instructor: Lalitha Krishnan Supply fee: \$3
Resident fee: \$6 Non-resident fee: \$9
008EE.462 F 7/6 10-11 a.m. 3-6 yrs

SONORAN DESERT ADVENTURE NEW!

Parents and children will discover the unique animals and habitats of the desert. Enjoy a story-time, arts and crafts, take a short nature walk in the park, and play fun games. Fee is per child, with 1 unpaid adult permitted.

Instructor: Lynn Bailey Supply fee: \$3
Resident fee: \$6 Non-resident fee: \$9
CODE DAY DATE TIME AGE
010EE.432 Tu 7/31 10-11 a.m. 3-6 yrs



YOUTH CLASSES

ANIMAL HABITATS – JUNIOR BADGE

NEW!

Explore the world of animal habitats with this hands-on badge class! Girl scouts will learn about wild animals, investigate an animal habitat, create an animal house, explore and help protect endangered habitats. Non-scouts are welcome to attend, but will not receive a badge.

Instructor: Chris Booth Supply fee: \$3
Resident fee: \$20 Non-resident fee: \$27
102EE.432 Tu/Th 7/10-12 8:30-11:30 a.m. 9-12 yrs

GOOD BUG, UGLY BUG!

Explore a real, live collection of bugs with a certified Entomologist! Learn the basics of bug science, including the importance of pollinators. Discover beneficial insects such as butterflies and bees, as well as harmful insects like mosquitos and fleas. Identify which insects are considered pests and how to avoid them. Fee is per child, parents admitted free.

Instructor: Keith Birkemeyer
Resident fee: \$6 Non-resident fee: \$9
103EE.462 F 7/20 11 a.m. – noon 7-10 yrs



SUMMER CAMPS

SUMMER ECO-CAMP

NEW!

Discover the joy of science, the environment, and the great outdoors through fun games, recycled crafts, daily story-time, and hands-on nature activities. Campers may bring a drink/ snack for each day. This is a drop-off program. Children must be fully potty-trained. *No program on Wed 7/4.

Instructor: Lynn Bailey Supply fee: \$20
Resident fee: \$41 Non-resident fee: \$56
012EE.442 M-F 7/2-6 9 a.m.-noon 4-6 yrs

SUMMER NATURE CAMP

Campers from 7-10 will explore the environment through games, activities, experiments, hikes and crafts. Monday-Friday full day and half-day sessions are available. Full day campers must bring a sack lunch and drink for each day. Educational camp activities will begin each day at 8:30 a.m. and end at 4:30 p.m. The week's topic is "Arizona Today and Tomorrow".

FULL DAY

Resident: \$116 Non-resident: \$157
512EE.422 M-F 7/9-13 7:30 a.m.-5:30 p.m.

HALF-DAY MORNING

Resident: \$53 Non-resident: \$72
513EE.422 M-F 7/9-13 7:30 a.m.-noon

HALF-DAY AFTERNOON

Resident: \$53 Non-resident: \$72
514EE.422 M-F 7/9-13 1:00-5:30 p.m.

TEEN & ADULT CLASSES

ACRYLIC PAINTING – BEGINNER

Enjoy beautiful views while learning to paint at Veterans Oasis Park! Topics will cover all the basic elements needed to handle and create a painting with acrylic paint. Supply list provided (students bring their own supplies). No experience necessary; all levels welcome!

Instructor: Tony Meli
Resident fee: \$13 Non-resident fee: \$18
301EE.432 Tu 7/10-17 6-7:30 p.m. 18 yrs+

FEATHER ART

Create your own unique piece of artwork using an imitation eagle feather. Learn different techniques to embellish the feather with beads, paint, and hemp knotting. This class is presented by a local native artist. No experience necessary; all levels welcome.

Instructor: Cano Ramirez Supply fee: \$15
Resident fee: \$18 Non-resident fee: \$25
303EE.442 W 7/11 8:30 a.m.-1:30 p.m. 16 yrs+

SOLAR COOKING NEW!

Use the power of the sun to prepare a solar feast! Learn to make simple entrees and desserts in a commercial solar oven, as well as a hand-crafted cardboard oven. Recipes may include cinnamon apples, sun tea lemonade, cookies, and more! Class will conclude with samples to taste and recipes to take home.

Instructor: Lynn Bailey Supply fee: \$6
Resident fee: \$12 Non-resident fee: \$17
307EE.472 Sa 7/21 10 a.m. – 1 p.m. 18 yrs+

THE GREEN LIFE:

TEXTILES & INDOOR AIR POLLUTION

NEW!

Want to find an alternative to formaldehyde soaked textiles? Find out what this colorless organic compound is and where is can be found around your home. You'll be surprised! Learn how to lessen the effects of formaldehyde by using plants to improve indoor air quality and even alleviate respiratory symptoms.

Instructor: Amanda Vermilion
Resident fee: \$9 Non-resident fee: \$13
310EE.442 W 7/18 5:45-7:45 p.m. 16 yrs+

VEGETARIAN COOKING: INTRO. NEW!

Learn the basics of preparing meals with a pressure cooker in this new, introductory level class. Learn to prepare easy, gluten-free, vegetarian meals. Save time and energy! Fresh and organic ingredients will be used to create simple and delicious dishes. Class will conclude with samples to taste and recipes to take home.

Instructor: Lalitha Krishnan Supply fee: \$12
Resident fee: \$8 Non-resident fee: \$11
308EE.472 Sa 7/28 10-11:30 a.m. 16 yrs+

ALL AGES

MEET THE CREATURE!

In this interactive program, children will get up close and personal with live animals while receiving a fun lesson in wildlife rescue and conservation. Each program features different animals. *NEW POLICY: Fee is per person. Children under age 2 permitted free with a paid adult.

Instructor: Lisa Limbert of Lisa's Creatures
Resident fee: \$5 Non-resident fee: \$7
902EE.472 Sa 7/14 11-11:45 a.m. 2 yrs+
903EE.442 W 7/25 10-10:45 a.m. 2 yrs+

FITNESS PROGRAMS

MOMMY & ME YOGA

This class is designed for adults and children to experience the benefits of yoga while enjoying time together. It blends fun and fitness with music, games, and basic yoga postures. Fee is per child, with 1 unpaid adult permitted. Bring a mat or beach towel.

Instructor: Jackie Pinho Instructor fee: \$24
Resident fee: \$7 Non-resident fee: \$10
601EE.422 M 7/9-30 10:15-11 a.m. 2-10 yrs

PILATES AT THE EEC

Relax your mind and body in this fun class suitable for all fitness levels! Build a stronger core, improve posture, increase strength and flexibility. Learn exercises that you can perform anywhere without any special equipment or machines. Bring a mat or beach towel.

Instructor: Debra Crockett Instructor fee: \$24
Resident fee: \$8 Non-resident fee: \$11
610EE.452 Th 7/26-8/9 6:30-7:30 p.m. 16 yrs+

YOGA FLOW

This class is suitable for beginner and advanced practitioners alike. Emphasis will be on the basic yoga postures, but more advanced postures will be added as needed to challenge the students. This class includes meditation, strength, flexibility, and balance elements. Bring a mat or beach towel.

Instructor: Jackie Pinho Instructor fee: \$24
Resident fee: \$8 Non-resident fee: \$11
605EE.422 M 7/9-30 9-10 a.m. 12 yrs+
606EE.432 Tu 7/10-31 6:30-7:30 p.m. 12 yrs+

FREE FAMILY RECREATION

DRAGONFLY DISCOVERY WALK – FREE!

Join a naturalist for a guided walk to observe dragonflies and damselflies buzzing about the desert and wetland habitats at Veterans Oasis Park! Bring binoculars, water and wear good walking shoes and a hat. The walks are not fast-paced and the terrain is easy. Dragonfly coloring books (\$7) and field guides (\$10) will be available for sale.

Instructor: Laurie Nessel of Maricopa Audubon Society
Location: Red-tailed Hawk ramada
W 7/11 7:30-9 a.m.

GREEN TEENS

Teens who care about the environment can plan and implement unique, environmentally-based service projects. Project areas may include animal care, educational programs, recycling, composting, gardening and park clean-ups. Volunteers may also be needed to assist with seasonal nature camps and other special events. Download the volunteer application at: www.chandleraz.gov/veterans-oasis or call 480-782-2894 for more information.

VOLUNTEER!